

The Young Farmer Programme

A hands-on agri-education initiative that lets every student grow real food — at home, by their own hands.

“Every Child Can Grow Food”

GROW · LEARN · HARVEST

School Edition · 2026



The Young Farmer Kit — for school students, ages 8–16

WHY THIS MATTERS

Today's children are growing up disconnected from food



The shop, not the soil

Most children know where food is bought — very few have seen how it is actually grown.



More screens, less soil

Rising screen time and shrinking outdoor play leave little room for hands-on learning.



Nutrition blind spots

Limited awareness of food systems, fresh produce and where everyday nutrition comes from.



Distance from nature

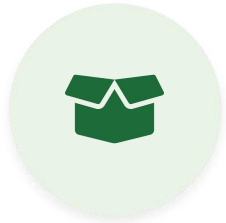
Fewer chances to observe plants, seasons and the farmers who feed our families.

The opportunity: a joyful, practical programme that brings food, science and responsibility back into a child's own hands.

OUR SOLUTION

A garden in every child's hands

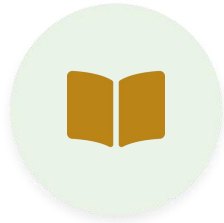
The Young Farmer Programme turns a child's curiosity into real capability. Students grow vegetables at home over a guided 9-week journey — supported by a complete kit, a story-led comic, and friendly mentorship from start to harvest.



01

The Kit

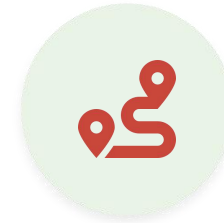
Grow bags, soil mix, seeds, tools and care inputs — everything a student needs to start on day one.



02

The Story

A bilingual English–Assamese comic that teaches the whole journey through characters children love.



03

The Journey

A structured path from orientation to harvest, with a garden diary, evaluation and recognition.

PILLAR 1 – THE KIT

One kit. Everything to grow.



Actual printed kit label — ready for production



Growing essentials

Grow bags (2), potting mix, vermicompost, neem cake & liquid plant booster.



Seeds — assorted seeds of flowers and vegetables

Coriander, spinach, fenugreek and tomato/okra, marigold, etc — easy local favourites.



Tools & accessories

Hand trowel, spray bottle and plant markers — sized for young hands.

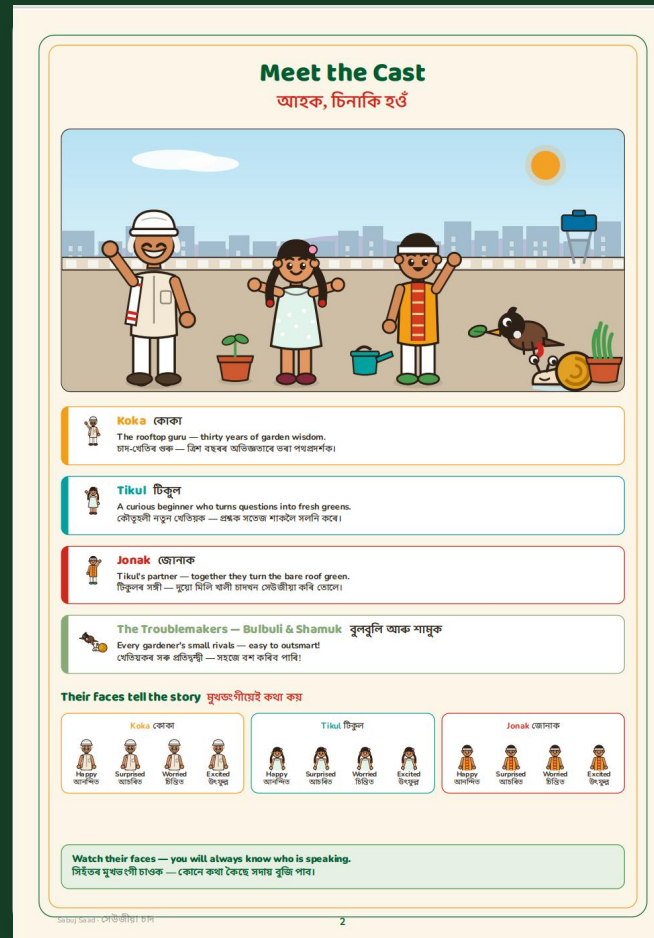
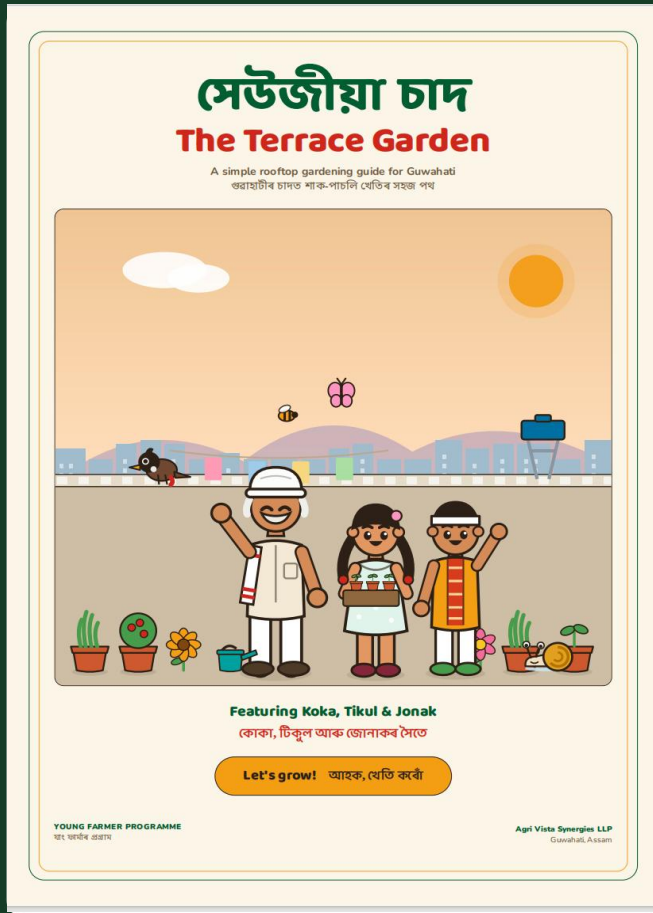


Learn & explore

Gardening guide, Garden Diary, “Young Farmer” badge & QR video tutorials.

OUR SIGNATURE USP — PILLAR 2

A story children actually want to read



“The Terrace Garden”

A bilingual English–Assamese comic, included free in every kit.



Truly bilingual

English + Assamese side by side — inclusive for every child and parent.



Locally rooted

Guwahati rooftops, lai xaak & local seasons — featuring Koka, Tikul & Zubeen.



Learning through story

The full gardening journey taught as a narrative children remember.



A keepsake to keep

Doubles as a take-home book families read again and again.

WHAT SETS US APART

Why the Young Farmer Programme stands apart



Bilingual comic

A story-led English–Assamese learning companion no other kit offers.



Built for the Northeast

Crops, seasons and watering tuned to Guwahati's heavy rain and strong sun.



Hands-on, at home

Real growing at home, not a one-off classroom activity that ends at the bell.



Affordable & low-waste

Reused containers and a kitchen-compost loop keep cost and footprint low.



Expert-designed

Authored by an agriculture & forestry specialist — credible, age-appropriate.



Measurable outcomes

Garden diary, photo log and evaluation make learning visible and assessable.

WHAT WE SET OUT TO DO

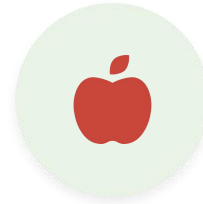
Programme objectives



Introduce food production



**Promote environmental
stewardship**



Encourage healthy eating habits



**Build responsibility &
observation**



Foster experiential learning



Connect students with nature

THE LEARNING

What students gain



Students will learn

- Seed germination & plant growth stages
- Soil health & nutrient management
- Water management for containers
- Organic farming basics
- Nutrition & food systems
- Climate-smart, season-wise growing
- The vital role of farmers



Skills developed

- ✓ **Observation**
- ✓ **Responsibility**
- ✓ **Record-keeping**
- ✓ **Scientific temperament**
- ✓ **Environmental awareness**
- ✓ **Patience & care**

FITS THE CLASSROOM

Aligned with the curriculum & NEP 2020



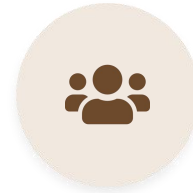
Science

Plant life cycle, germination & ecosystems.



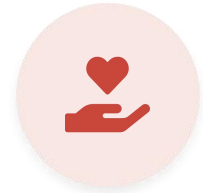
Environmental Studies

Sustainability, biodiversity & conservation.



Social Science

Agriculture, livelihoods & community.



Life Skills

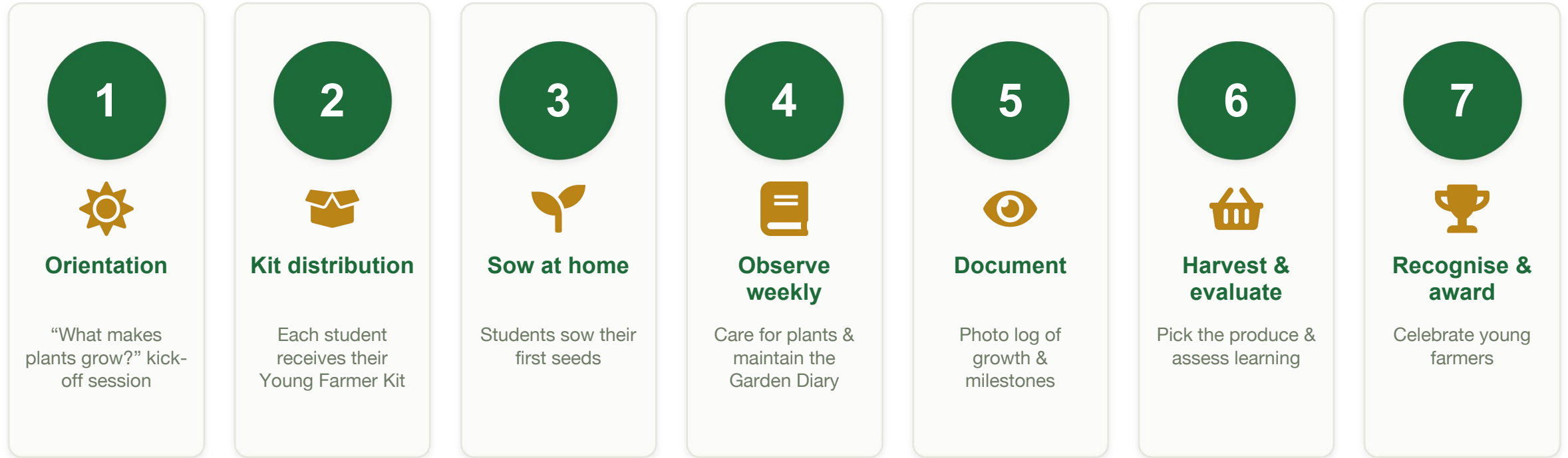
Responsibility, patience & teamwork.



Supports NEP 2020 — experiential, competency-based and joyful learning that extends beyond the classroom wall.

HOW IT RUNS

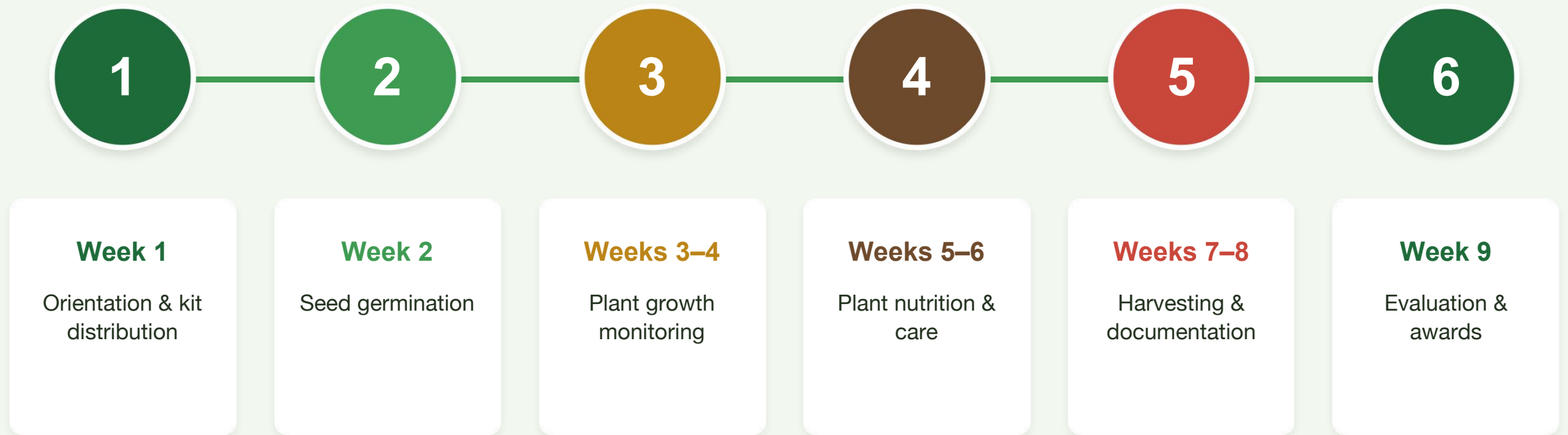
The programme journey — 7 simple steps



From first session to awards day, the school's effort is light — we guide every step.

AT A GLANCE

9-week implementation timeline



FRIENDLY COMPETITION

The Young Farmer Challenge

A light, motivating competition turns the whole programme into something students look forward to — and parents proudly share.



Best Young Farmer



Best Vegetable Harvest



Best Garden Journal



Most Innovative Garden



Green Family Award

Every participant earns a certificate and the “Young Farmer” badge — because every grower is a winner.

THE VALUE FOR YOU

What the school gains



A standout programme

An innovative, experiential offering that differentiates your school.



Sustainability in action

Strengthens green credentials and environmental leadership on campus.



Positive parent engagement

Families participate at home and see learning they can be proud of.



Holistic education

Supports the whole child — knowledge, skills, values and wellbeing.



Visible impact

Harvest days, awards and stories your school can showcase and celebrate.



Reportable outcomes

Diaries and evaluations give measurable evidence of learning.

EVERYONE BENEFITS

For students & for parents



Students experience

- ✓ The joy of growing their own food
- ✓ Real, hands-on learning by doing
- ✓ Responsibility & a sense of ownership
- ✓ Scientific observation & curiosity
- ✓ Achievement through harvest



Parents appreciate

- ✓ Productive, screen-free time at home
- ✓ Meaningful family participation
- ✓ Greater awareness of healthy food
- ✓ Stronger parent–child interaction
- ✓ Pride in their child's progress

THE PACKAGE

Programme package & pricing

School Programme Rate

₹699.00 / student

~~MRP ₹750~~ · **You save ₹51**

Complete kit · bilingual comic · orientation session · garden diary · competition entry · certificate & badge

Every student receives

- ✓ Complete Young Farmer Kit
- ✓ "The Terrace Garden" comic
- ✓ Orientation session
- ✓ Garden Diary & learning guide
- ✓ Young Farmer Challenge entry
- ✓ Certificate & "Young Farmer" badge

Flexible for your school

Volume pricing for whole-grade & school-wide enrolment (*indicative, finalised per school*). Optional add-ons: launch assembly, mid-term mentor visit and a harvest exhibition day.

THE FARM DAY-TRIP · UMSUR

Where the classroom meets the soil

A guided day-trip to our working farm at Umsur, where students step away from the screen and into the soil — learning by doing, and rediscovering their need to connect with nature.

Day Trip

UMSUR, ASSAM

FULL-DAY · HANDS-ON

Five hands-on stations



Nursery management

Raising seedlings under shade-net, from seed to sapling.



Vermicomposting

Turning farm waste into living soil with earthworms.



Vegetable cultivation

Sowing, tending and harvesting seasonal vegetables.



Pond management

A living farm pond — water, fish and ducks at work.



Integrated farming

How crops, trees, fish and animals support each other.

THE PLACE

Umsur — where learning comes alive



Sunrise over the farm pond · nurseries under shade-net · vegetable plots · the machan & misty mornings at Umsur

THE PLACE

Umsur — where learning comes alive



Kids day out in the farm

THE EXPERIENCE

A day that stays with them

How the day flows

- 1 Arrive & farm walk**
Orientation & safety · 9:30
- 2 Nursery & shade-net**
Raising seedlings · 10:15
- 3 Vermicompost & veg beds**
From soil to plate · 11:15
- 4 Pond & integrated farm**
Lunch & the whole system · 12:45
- 5 Harvest & reflect**
Take home a seedling · 2:30

What students carry home

- ✓ **A real connection with nature**
- ✓ **Confidence through learning-by-doing**
- ✓ **Teamwork, patience & responsibility**
- ✓ **Curiosity about food, farming & ecology**
- ✓ **Respect for farmers, soil and water**

We'd love to host your students at Umsur — *a safe, teacher-accompanied, full-day experience.*

LET'S GROW TOGETHER

Grow the next generation of young farmers

Together we can inspire students to grow food, care for nature, understand agriculture, and build a more sustainable future — one rooftop and one classroom at a time.

1 Pick a start date

2 We run the orientation

3 Students grow & harvest

4 Celebrate at awards day

Start the conversation



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WHO WE ARE

About Agri Vista Synergies

Agri Vista Synergies LLP — through its Urban Green Centre — designs practical, hands-on programmes that bring sustainable agriculture and environmental learning into everyday life.



Agriculture & home-garden development



Nutrition gardens & food awareness



Farmer & community capacity building



Sustainable, climate-smart practices



Programme Lead

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Consultant — Agriculture & Forestry

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